



You're Not My Mate

SESSION PLAN 2023

Sheffield Voices

You're Not My Mate



This is a two-hour session.

Ideally with no more than 12 people in a group.

Learners should be able to:

Understand what mate crime is.

Feel more confident in reporting mate crime.

Learn how to report it



Things you will need to run this session.

A room with some tables

Laptop

Projector

Download presentation

Print out board game – Friend or Fake

Print out game cards – Friend or Fake

Dice

Counters

You Tube Link loaded on laptop

Post it note size paper and pens for everyone

Stop Signs printed and stuck on lolly sticks - optional

Ground rules:



- Confidentiality
- What is said in the room, stays in the room
- No one has to share things they do not feel comfortable sharing
- Respect other people's views
- Speak one at a time
- People can leave the room if they feel upset

Download presentation.

Session leaders to read from slides and prompt discussion What is a mate crime?

What is a Good Friend? Discuss

What is a Bad Friend? Discuss

How and where to report it



Friend or Fake Game



Aim of game is to prompt discussion.

Print out board game on A4 or A3 paper and laminate



Provide players with counters and a dice on each table

Each table is given a game board

Each table has **four** players



Each table has a Sheffield Voices leader supporting them

Players take turns to pick a card and roll the dice



Everyone apart from the person with the card decides whether the scenario on the card is a **Friend** or **Fake**

The people who answer correctly moves the counter forward depending what is on the dice

The person who gets to the end of the game first wins



Discussion time

Facilitator chooses four cards from the pack for group to discuss



Question Time



Break Time

15 minutes coffee break



Show Video

This can be a video that you have found or you could use this one that Lewisham People First created

[Examples of Mate Crime - stealing money - YouTube](#)

Discuss



Optional activities

You Hurt my Feelings and Mate Crime role play

You Hurt my Feelings



Workshop leader gives everyone a **piece of paper** and a pen and asks them to write down the name of someone they love the most.

Then ask them to **pass their paper** to the person sitting next to them.



Then ask them to screw the paper up and **throw it on the floor** and stamp on the paper.

Ask the group why they think they have done this?

What does it mean?

How did it make that person feel?

Workshop leader asks the group if they have experienced mate or hate crime that they want to share?

Remind group: People do not have to share upsetting information if you do not want to.

Anything shared will be confidential.



Role Play

Print out stop sign and stick it to a lollypop stick. Make enough for everyone to have one.

Give everyone in room a **STOP** sign.



Explain to group how the **STOP** signs work.

The **STOP** sign is help up when a person watching the play has an idea of how things could be done differently. They can then either come and take over the role of a person in the scene and do it differently or they explain what they would do different to stop the crime happening.

Pick three cards from the board game.

Pick a few people from the group and sit with them to explain they are going to do a drama scene. Give them roles.

Run through the play once before people are asked to show the STOP sign.

Role play will continue until another person says **STOP** to guide the play in a different direction.